

Cycling Results

After a successful National Championships, cycling athletes moved straight onto the Oceania Track and Road Championships in Brisbane. Oceania Track was the first major event and again Felicity Wilson-Haffenden was the headline act claiming gold and breaking her own Australian record in the J19 Women's Individual Pursuit. Felicity then rode in the Australian J19 Women's Team Pursuit to again claim gold.

Alex Eaves picked up a bronze in the J19 Men's Individual Pursuit before riding for the Australian Team which also included Hayden van der Ploeg, to win the J19 Men's Team Pursuit gold. Alex then went onto claim bronze in the J19 Men's Omnium.

Josh Duffy also claimed two gold medals in the Elite Men's Team Pursuit and the Elite Men's Scratch Race and two bronze medals in the Elite Men's Points Race and Elite Men's Elimination, whilst Lachie Oliver picked up a bronze in the J19 Men's Team Pursuit.

Oceania Road Championships followed right on the heels of the Track Championships and again it was the in-form Felicity Wilson-Haffenden who set the tone. Felicity won the J19 Women's Time Trial by well over one minute, she then backed this up with a silver in the J19 Women's Road Race.

Hamish McKenzie, in his first event as an U23 competitor, rode an outstanding race in the U23 Men's Time Trial to finish with a silver medal.

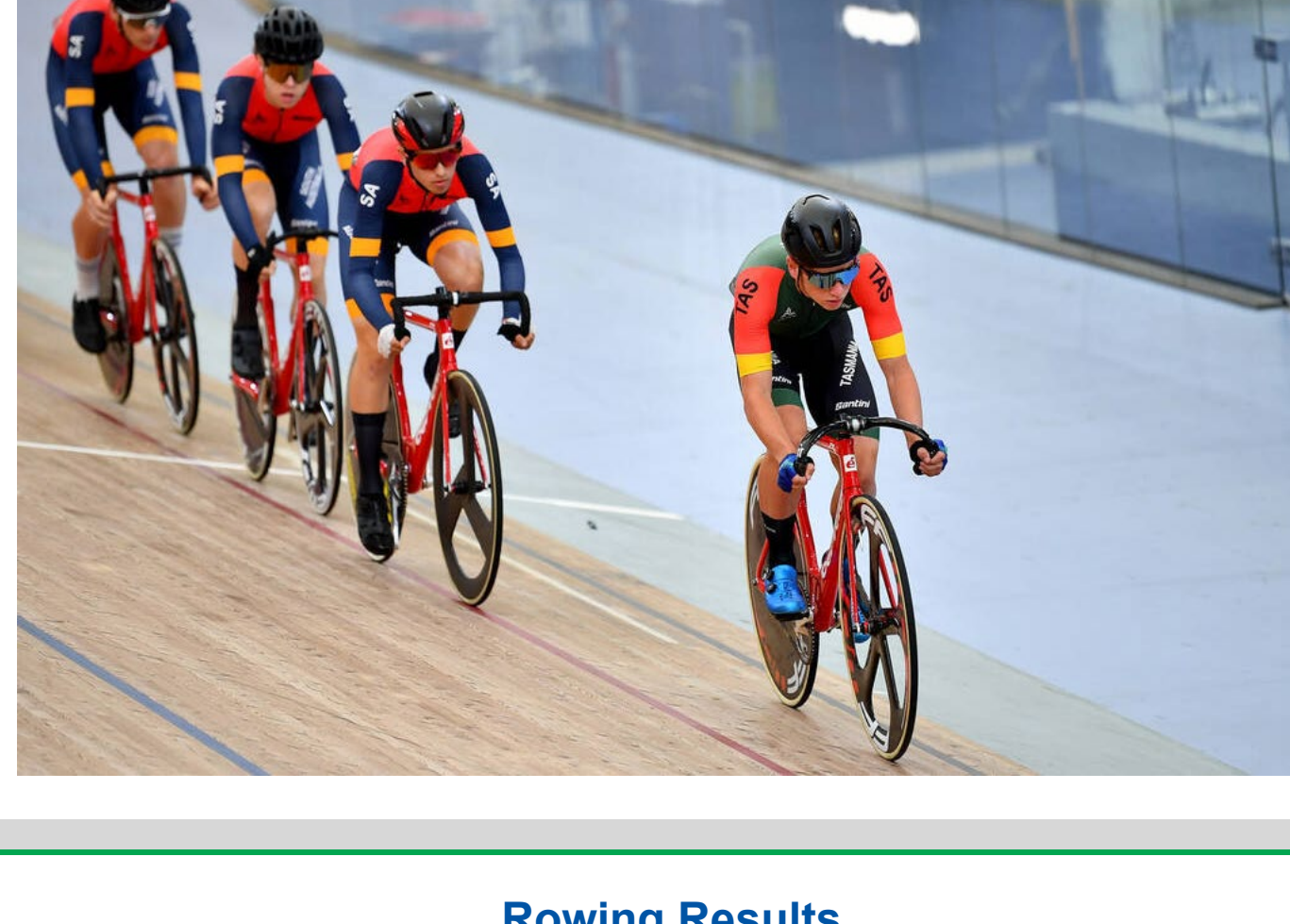
On the back of their strong form at Nationals and Oceania Championships, Felicity Wilson-Haffenden and Sam McKee have both been selected in the AusCycling team to compete at the 2023 UCI Junior Track World Championships, being held in Cali, Columbia, 23-27 August. Felicity and Sam will race in their respective Women's and Men's Endurance races.

Also, on the back of Nationals, AusCycling, as part of their International Pathway Initiatives in 2023, have provided 24 U17 Track Cyclists including TIS Cycling Academy athlete Jonas Shelverton, with an opportunity to race in Malaysia in May. This program provides the next generation of track riders to participate in two days of racing in Kuala Lumpur whilst also gaining cultural and off-track learnings that living and competing away from home in a team environment brings.

Image: Felicity Wilson-Haffenden, Silver, J19 Oceania Women's Road Race **Credit:** @craig_rcpix



Image: Sam McKee, Gold, J19 Men's Scratch Race **Credit:** Josh Chadwick



Rowing Results

The rowing season concluded in Perth, Western Australia at the Australian Rowing Championships in early April. Met with hot, windy and wet conditions, athletes were tested in every way over the weeklong event. At the conclusion of the meet, TIS athletes returned home with three gold, eight silver and five bronze medals.

Sophie Robinson led the way picking up two gold medals in the U23 Lightweight Women's Single Scull and the Open Lightweight Women's Quad scull teaming up with Eve Mure. Henry Youl also picked up a gold medal in the Open Men's Quad Scull.

Image: Anneka Reardon, Eve Mure, Sophie Robinson & Phoebe Teal, Gold, 4xOpen Lightweight Quad Scull **Credit:** Rowing Australia



Lindsay Calvert doubled up with two silver Medals in the U21 Women's Double and Quad Scull events. Other silver medals went to Sarah Hawe in the Open Women's Quad Scull, Sophie Robinson and Kate Oliver in the U23 Lightweight Women Quad Scull, Eve Mure in the Open Lightweight Women's Double Scull, Connor Ryan in the Open Lightweight Men's Pair and Open Lightweight Men's Coxless Four and finally Alexander Colley and Will Birchmore who teamed up in the U23 Men's Double Scull.

The five bronze medals went to Sarah Hawe in the Open Women's Pair and Open Women's Eight, Sophie Robinson and Kate Oliver in the U23 Lightweight Women's Double Scull, Connor Ryan in the Open Lightweight Men's Eight and Molly McCausland in the U23 Women's Double Scull.

Henry Youl and Sarah Hawe continue their preparations at the NTC for the upcoming World Cups and World Championships later in the year, whilst all other athletes are on a break before recommencing training over the winter period.

Image: (Left) Molly McCausland, Joely Patterson from WARC, U23 Double Skull Bronze **Credit:** Rowing Australia



Hockey Highlights

After the completion of last month's U21 Hockey Championships, three athletes have been identified in the 2023 National Junior Squads. Max Larkin and Lachie Rogers for the Burras and Camila Vaughan for the Jillaros. These athletes will now push for Junior World Cup selection later in the year.

Image: Max Larkin (goalie), Lachie Rogers, middle left & Camila Vaughan **Credit:** Hockey Australia



The national senior teams have continued their Pro-League competition travelling to New Zealand to play another mini tournament against New Zealand and Great Britain. Maddison Brooks held her spot in the Hockeyroos after a strong performance in the Hobart round. Maddison, in the first match against Great Britain, scored her first international goal to assist the Hockeyroos to a 2-1 win. Overall, in the New Zealand leg, the Hockeyroos has had three wins from their four games.

Eddie Ockenden, Jack Welch, Josh & Hayden Beltz, were also in New Zealand and had three wins from their four games.

The Hockeyroos now turn their attention to their upcoming series against India and the Kookaburras preparation for their European leg of the Hockey Pro League in June.

Image: Maddie Brooks, Pro-League, New Zealand **Credit:** Hockeyroos



Athletics Results

The Athletics National Championships were conducted in Brisbane from 30 March to 2 April. A successful championship for TIS athletes with a strong national medal tally of 7.

Caleb Kirkpatrick claimed the silver medal achieving a season's best performance of 62.77 in the U20 Hammer Throw (6Kg), being just 5cm short of Gold. Caleb had a solid performance in the Open Men's Hammer (7.26kg) finishing eighth place overall. This was a great development opportunity and progression for Caleb.

Jacob Despard & Jack Hale confirmed their relay spots in the Australian Relay Team Squad, to represent Australia at the Oceania Relays in May (Gold Coast) and the Diamond League in June (London).

Alexander Kwa continues to perform at an elite level with a solid silver medal in the steeplechase. We congratulate him on his USA scholarship to Drake University.

Following Abbie Butler's excellent performances at the championships, Abbie has gained selection to the Australian U20 European Tour Team in the steeplechase to compete at two international meets in London and Frankfurt respectively, 12-26 June.

Deon Kenzie confirmed he is on track for selection into the Australian Team for the World Athletics International Para Championships in Paris (June).

Alexander McKillop finished the domestic season in fine form and puts himself in a very good position for 2024 Paris Olympic preparations.

Jagga Pybus and Alexander Creak are in solid general preparation training to build on the domestic season of 2024.

Image: L-R: Deon Kenzie, Caleb Kirkpatrick, Alexander McKillop, Alexander Kwa **Credit:** Athletics Australia



Championship Results:

Abbie Butler, 3000m Steeplechase, silver, 10:54.42
 Abbie Butler, 1500m U20 bronze, 4:25.54 a personal best

Alexander Kwa, 3000m Steeplechase, silver 9:15.72
 Alexander Kwa, 1500m U20 final, tenth place, 3:54.13

Alexander McKillop, T36 Ambulant 200m, bronze 26.42 (0.1)
 Alexander McKillop, T36 Ambulant 100m, fourth place 12.57 (-0.7)

Caleb Kirkpatrick, Hammer Throw 6kg U20, silver, 62.77m a personal best
 Caleb Kirkpatrick, 7.26kg Open, eighth place 53.78m

Deon Kenzie, T38 Ambulant 1500m, bronze, 4:02.91

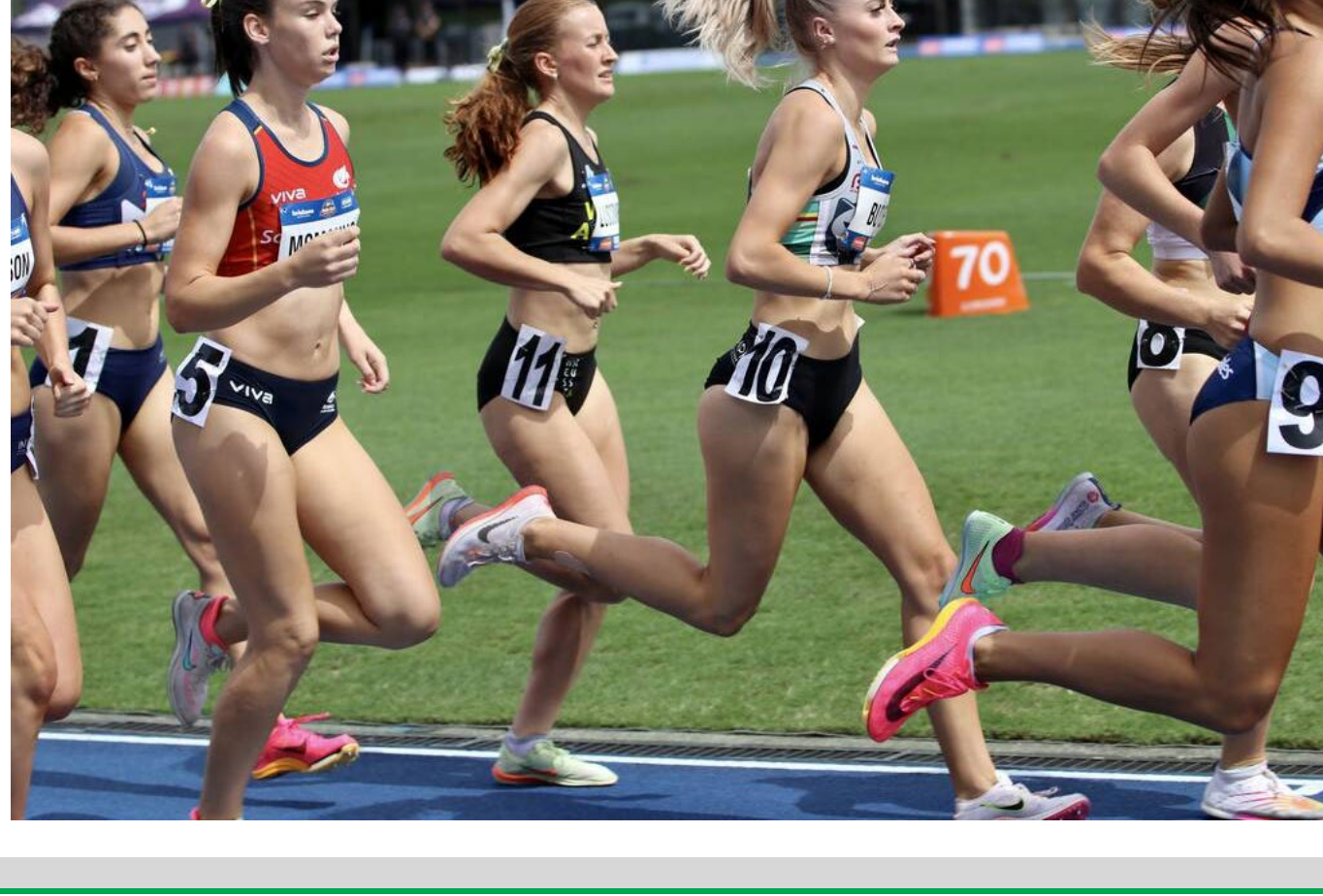
Jack Hale, 100m 6th place 10.38 (0.0)

Jacob Despard, 100m bronze 10.26 (+0.0)

Stewart McSweyn is fit and well prepared to kick off his international 2023 season on 5 May in Doha, in preparations for the World Athletics Championships in Budapest, 26 July.

Image: Abbie Butler (number 10), Steeplechase, silver medal

Credit: Athletics Australia



Sport Program Activities

Canoe

Our paddlers competed at the Nationals in April at the Penrith Whitewater Stadium. Kate Eckhardt finished third in both the Women's Canoe and Kayak finals behind the Fox sisters. Claire Clements finished sixth in the Women's Canoe final, first in the under 18 category and seventh in the Women's Kayak final.

Hamish Dalziel made the Men's Kayak semi-final with a fast run on the water and some encouraging development signs.

We look forward to seeing our athletes on the World stage in the coming months.

Sailing

Will Sargent competed in the 2023 Hyeres Regatta in France sailing in the ILCA 7 class. Will is aiming to increase his international racing experience by competing in an extremely competitive class with 155 entries. After the final day of racing Will placed 99th.

Swimming

The Australian Swimming Championships were held at the Gold Coast Aquatic Centre during April. Mixing it with Australia's best, Noah Kamprad and Max Giuliani had a busy few days of swimming with both making A finals in their respective age groups. Swimming athletes now turn their focus to the World Championship trials to be held in June.

Wheelchair Rugby

The Wheelchair Rugby National League wrapped up in Sydney on the 22-24 April. Rubie Gallagher, playing for Sydney University, gained valuable court time during the three-weekend competition format. Sydney University finished fifth overall.

Women Leadership Opportunites

The Australian Sports Commission (ASC) is committed to supporting women to reach their full potential both on and off the field and are running a number of targeted programs and workshops to support women who work or volunteer in sport. Three TIS staff members will participate in an online workshop program which aims to build leadership competencies, capability and confidence. Ilene Carr, Gina Vernon and Lauren Mills will commence their involvement in the program in mid-June.

Kaitly Fassina, TIS Coaching Scholarship recipient and former TIS Athlete Amelia Catt, have secured support from the AIS to elevate their coaching career through winning positions in the 2023 AIS Accelerate Program. The program is an intensive three month initiative aimed at alumni athletes who are pursuing career options in the sport sector. The program will run over May/June and cover areas in:

- debriefing the athletic experience
- personal values, purpose and strengths
- understanding the 2023 sport landscape and opportunities
- career transitions and expert career support
- developing a career action plan
- fast tracking career advice
- building professional networks

The Program is supported by funding from the Australian Government's Office for Women, in conjunction with the AIS and the Australian Sports Commission.



Talent ID for 2032 testing is now underway.

Registrations are open for the following sessions with still time to register.

Visit our website for more information and to sign up <https://www.tis.tas.gov.au/services/TID2032>

Where to test:

Hobart

- Thursday 11 May 2023, 3-7pm, Indoor Gym, Elizabeth College, Hobart
- Friday 12 May 2023, 3-6pm, Indoor Gym, Elizabeth College, Hobart

Launceston

- Thursday 18 May 2023, 3:30-6:30pm, Nano Nagle Gym, St Patrick's College, Prospect
- Friday 19 May 2023, 3:30-6:30pm, Nano Nagle Gym, St Patrick's College, Prospect

Penguin

- Thursday 25 May 2023, 3:30-6:30pm, Indoor Gym, Penguin District School, Penguin
- Friday 26 May 2023, 3:30-6:30pm, Indoor Gym, Penguin District School, Penguin

TIS Junior Talent Para-Program Talent ID for 2032 Expressions of Interest Now Open

The Tasmanian Institute of Sport and Paralympics Australia are developing the Para-Sport pathways within the state, providing targeted support for developing Junior Para-athletes as part of a state-wide approach for talent identification for Paralympic athletes.

The program will expose participants to elite level training to develop their knowledge of para-sport, what it takes to be a high performance athlete and the pathways within Tasmania. Athletes will have the opportunity to learn more about their eligibility for para-sport and sample a variety of sports in the hopes of inspiring a continued focus on para-sport in the future.

In order to be eligible for support through this program, an athlete must:

- Have an eligible impairment for para-sport, participation in multi-class/para-sport events or information provided as part of online expression of interest.
- Show appropriate talent potential within their sport, as determined by TIS staff, Paralympics Australia and School Sport representatives.
- Be at least 12 years of age.

For more information, or to register your interest, please visit:

[2023 TIS Junior Talent Para-Program](https://www.tis.tas.gov.au/services/TID2032)

2023 TIS Junior Talent Para-Program Expressions of interest now open



Upcoming Events

Archery

World Cup 2, Shanghai, China, 16-21 May

Athletics

Oceania Relays, Gold Coast, 5-7 May

Diamond League, Doha, Qatar, 5 May

Cycling

UCI World Cup Mountain Bike, Nove Na Morave, Czech Republic, 12-14 May

Hockey

Hockeyroos v India 3-match series, Adelaide, 18-21 May

Australia A v India 2-games, Adelaide 25-27 May

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