

Edition 90 - July 2023

Hockey Highlights

Tasmania hosted the 2023 Hockey Australia Championships in Hobart in July. The Tasmanian Men's U18 team went through the tournament undefeated capped off by winning the National Championship against Queensland 5-2. The team performance was supported by several strong individual performances, including Oliver Stebbings who was named as Player of the Tournament. The Tasmanian Women's U18 team finished ninth, although a disappointing finish for the players, they remained competitive throughout the tournament.

Post tournament, Hockey Australia announced this year's Men's and Women's Australian Futures Squads consisting of 32 athletes. On the back of the success of the men's win, nine athletes were identified, alongside two of our Tasmanian women. The players will be part of a program that includes athlete performance planning, online technical and tactical sessions, learning about dual career, mental health and wellbeing along with two training camps.

We congratulate all the Tasmanian athletes who were selected in the Australian Futures Squads: Ruben Hoey, Max Johnstone, Isabelle Kruijnk, Jack Larkin, Jack Pritchard, Oscar Pritchard, Millie Smith, Oscar Sproule, Oliver Stebbings.

On the international scene, the Kookaburras will be heading to New Zealand 10-13 August, looking to qualify for the Paris 2024 Olympic Games in the Oceania Cup. Josh Beltz, Eddie Ockenden and Jack Welch have been selected to the team.

Image: Tasmanian U18 Hockey Team

Image Credit: Hockey Australia



Canoe/Slalom Achievements

Hamish Dalziel and Claire Clements are currently in Europe preparing for the Junior & U23 World Championships in Krakow, Poland which will be held 15 -20 August.

After a short training block in Augsburg, Germany, Claire has competed in a number of European Canoe Association events gaining valuable experience leading into World Championships. After finishing fourth overall in both the U18 WC1 and WK1 events at Roudnice, Czech Republic, Claire joined Hamish in Prague where they competed in ICF World Ranking races.

An open event with international competitors vying to improve their world ranking, Hamish competed in the MK1 finishing 63rd in a field of 136 paddlers. Claire competed in both the WK1 and WC1 events where she was able to improve her standing considerably. An invaluable experience, we wish Claire and Hamish well for the World Championships.

Image: Claire Clements, Prague, Czech Republic **Image Credit:** Derwent Canoe Club

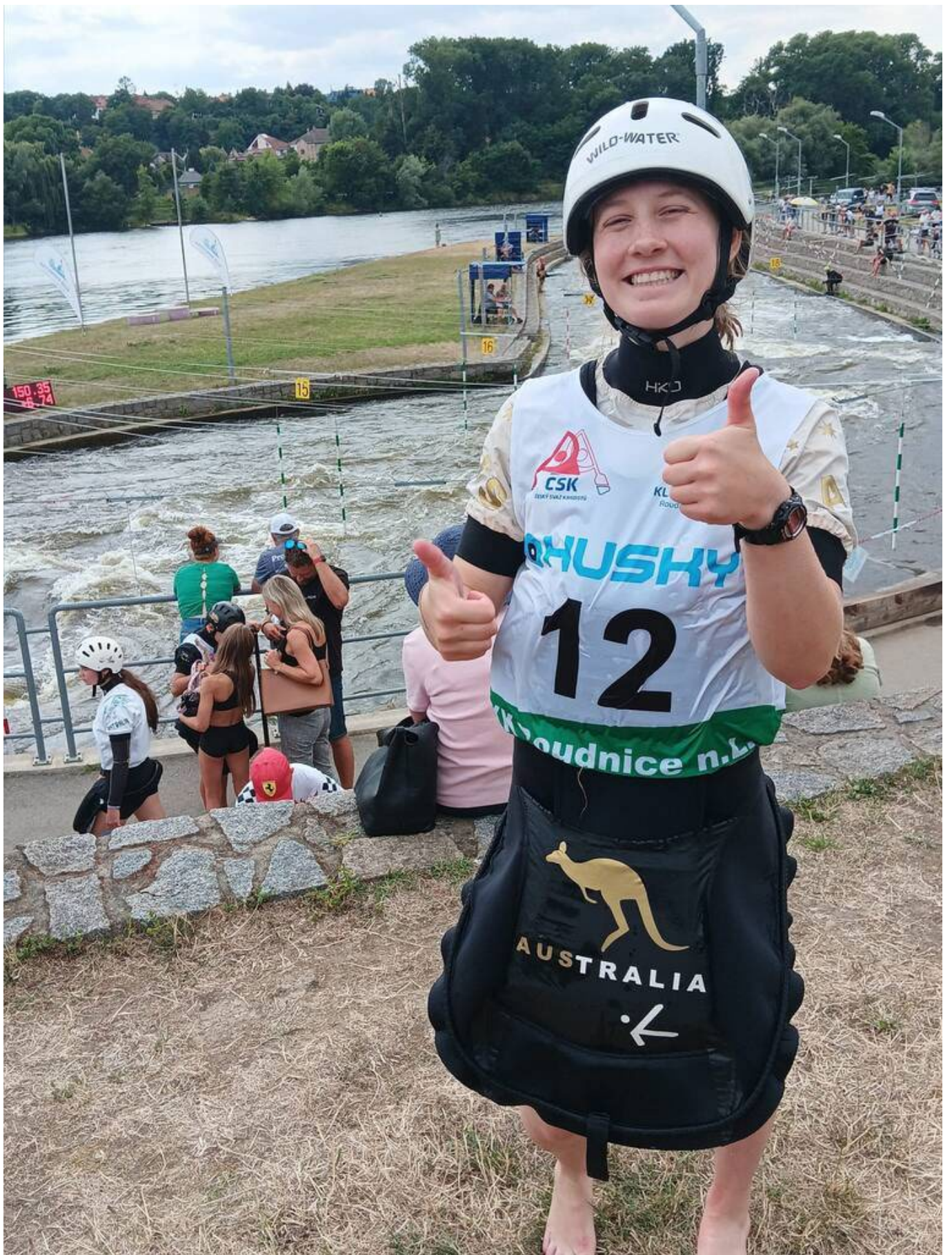


Image: Hamish Dalziel third from the right

Image credit: Derwent Canoe Club



Cycling Updates

A large cohort of TIS cyclists are currently overseas racing the European season, with many preparing for the upcoming World Championship events. Seven TIS athletes have been selected to represent Australia at the World Championships, competing in the following events across various venues in Scotland and Columbia:

UCI World Track Championships

Sir Chris Hoy Velodrome, Glasgow, Scotland, August 3-9

Georgia Baker – Team Pursuit, Madison, Points Race

Josh Duffy – Team Pursuit, Scratch Race, Elimination Race, Points Race

UCI World U23 Road Championships

Stirling & Loch Lomond, Scotland, August 5-13

Hamish McKenzie – Individual Time Trial, Road Race

UCI World Junior Road Championships

Glasgow, Scotland, August 5-10

Felicity Wilson-Haffenden - Individual Time Trial, Road Race

UCI World Mountain Bike Championships

Glentress Forest, Scotland, August 8-12

Sam Fox – Elite Men Cross Country Olympics

Cam Ivory – Elite Men Cross Country Olympics

UCI World Junior Track Championships

Cali, Columbia, August 23-27

Felicity Wilson-Haffenden - Team Pursuit, Individual Pursuit

Sport Program Activities

Archery

Sarah Haywood is preparing for World Cup 4 to be held in Paris, France 15-20 August held at the Stade Charlety.

This is the third World Cup event Sarah has competed in 2023 where she will be looking to achieve her best score of the season.

Athletics

Stewart McSweyn had a busy July, racing in Poland before moving to London for the London Diamond League Meet where he finished sixth in the 1500m in a season best time of 3:31.42. With the World Track & Field Championships later in August, this result is confidence building for Stewart.

Deon Kenzie finished eighth at the British Milers Club Grand Prix, Watford UK T38 1500m event. This was a great precursor for the 2023 World Para Athletics Championships where he went on to achieve fifth in the same event.

Jacob Despard continues to enjoy the European summer and has had a busy month competing in France, Switzerland, Belgium, London and Luxembourg. In August, Jacob will continue to gain international racing experience when he travels to Sweden and Finland.

James Hansen continues to gain race experience from various events through Europe. He has had a number of strong performances with his most recent finish placing sixth in the 1500m at the Meeting International Schifflange in Luxembourg.

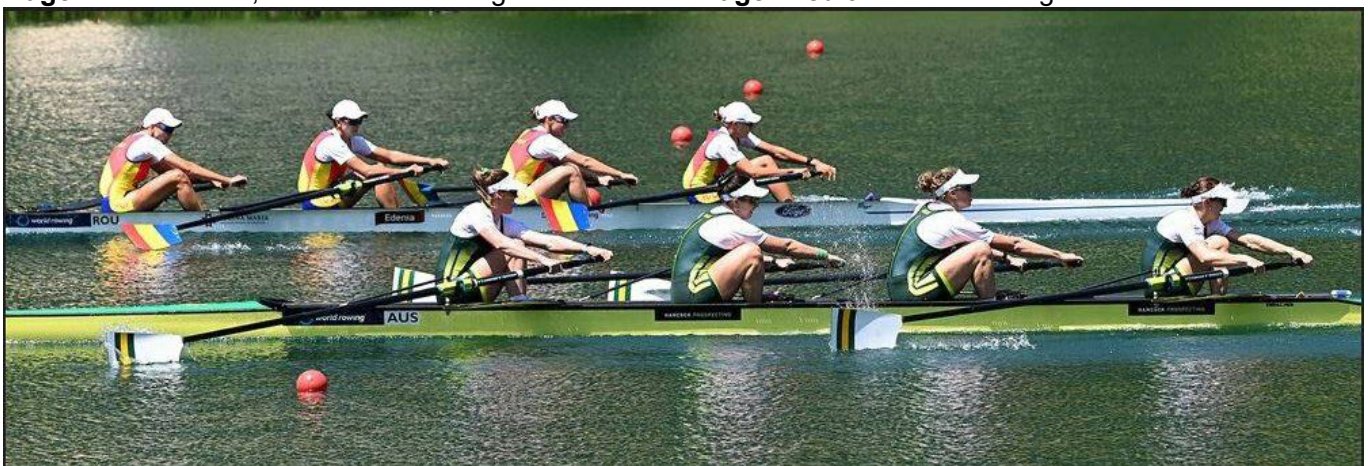
Rowing

At World Cup 3 held in Lucerne, Switzerland, the Women's Four including TIS athlete Sarah Hawe, produced another excellent race to claim a silver medal. Sarah and the Women's Rowing Team have returned home to prepare for the World Championships being held 3-10 September in Belgrade, Serbia.

As well in Lucerne, Henry Youl achieved a great result finishing 13th in the Single Scull. Henry was then drawn into the Men's Quad final, with the boat finishing 6th.

Image: Sarah Hawe, second from the right

Image Credit: World Rowing



Hybrid Training Centre's Chris Drummond worked with southern based rowing athletes for a 12-week pre-season conditioning block. This was a great way to mix up the preseason with athletes learning how to strike, take down and grapple! Moving their bodies in a different way and experience learning something new, was a great change up for the squad.

Image: Southern rowing athletes and Chris Drummond (middle)



Swimming

Max Guilliani was selected in the Australian A team to compete in the TYR Pro Championships in California, USA. The Championships were held 26-29 July with Max competing in the 100m and 200m freestyle events.

Max won both the 100m and 200m freestyle events achieving personal best times in both, finishing with a time in the 100m of 48.21 and a time of 1.46.23 in the 200m final which places Max in the top 12 in the world.

Max was a member of the 4 x 100m relay freestyle team and collected a silver to add to his two gold medals.

Earlier in the month, Max was announced as part of the Australian National Flippers Squad. The Flippers Squad is an integral part of Swimming Australia's Performance Pathway designed to prepare swimmers to transition to the Senior National Team.

Triathlon

Jake Birtwhistle has continued his solid international form this season. Jake competed in the 2023 World Triathlon Sprint and Relay Championships in Hamburg during July. Races in the Sprint World Championships are held over super-sprint distances (300m swim, 5km bike, 2.5 km run) using a multi-race eliminator format which is unique to that leg. Jake made it through the elimination rounds making it to the top 30. Jake ultimately finishing in 29th overall. Jake then backed this up competing with his fellow Australian teammates in the mixed relay. The team finished sixth overall just over a minute behind the winners.

Jake finished his July events at the World Triathlon Championships Series in Sunderland, UK.

Image: Jack Birtwhistle

Image Credit: Triathlon Australia



TIS Staff Farewell

This month the TIS farewelled Rob Ballard (Athletics, State Performance Advisor) and Brendan Long (Rowing Performance Coordinator). Both will continue their involvement in their respective sports but on new pathways.

Although only being at the TIS for a short period of time, Rob's passionate approach has been valued greatly by TIS athletes and the wider Tasmanian athletics community.

Brendan commenced his involvement with the TIS as an athlete transitioning into administration and then a coaching role. A dual Olympian, Brendan's influence on many athletes and the wider rowing community over an extensive period of time with the Institute is greatly valued.

To both, the TIS wishes you well and thanks you for all your hard work and dedication to Team TIS.

Image: L-R Jack Hale, Robert Ballard, Jacob Despard & Alexander McKillop



Image: L-R Brendan Long, Blair Tunevitsch, Ciona Wilson, Henry Youl

Image Credit: Robert Shaw



The Silverdome campus hosted the first of our **Talent ID for 2032** development camps for athletes aged 12-15. Athletes travelled from all over the state to attend the first of three, 1-day, development camps planned for this group of athletes.

Athletes were selected to be a part of this program after participating in the **Talent ID for 2032** testing sessions around the state in May and June.

The day consisted of a number of different activities for both the athletes and their parents, including a session with Rachael Downie from Elite Minds, an introduction to strength and conditioning, recovery and sports science and wrapped up with a talk from scholarship holder Sam Fox.

We thank all the athletes and parents for their efforts and commitment to the **Talent ID for 2032** program.

We can't wait to see what this first intake of Talent ID for 2032 athletes achieves over the coming years!

Image: July Talent ID Camp, Launceston



TIS Coaching Centre (TCC) Scholarships

Applications for the TIS Coaching Centre (TCC) Scholarships are now open.

With the specific goal of increasing and developing coaches in Tasmania, the TCC will again offer the opportunity for up to six coaches through two scholarship programs, the TIS Coaching Scholarship and in partnership with [Womensport & Recreation Tasmania](#), the Women in Sport Coaching Scholarship.

Both scholarships will provide quality coach development and learning opportunities as well as encouraging progression along the coaching development pathway through financial and other supports.

[Click to visit the TIS website for more information on both scholarships and to download the application forms.](#)

Applications must be received by close of business, Friday 11 August 2023.

Nominations for the Tasmanian Sporting Hall of Fame

A reminder that nominations are now open for the Tasmanian Sporting Hall of Fame which honours outstanding Tasmanian sportspeople who have represented their state and nation with distinction.

The Sporting Hall of Fame recognises Tasmanian's who have achieved success in a wide range of sports. It is important for remembering and celebrating high achievers and recording their inspiring stories for future sportspeople.

To be considered, a person must:

- have achieved outstanding performance in sporting competition while either identifying themselves as Tasmanian or acknowledging Tasmania as their home;
- have participated in open competition at the highest level of their sport;

- be retired from that level of competition for a minimum period of four years; and
- have exhibited a standard of behaviour that is fair, ethical and above reproach in relation to the rules and regulations of their sport and the community's expectations.

Individuals considered have typically represented Australia with a medal-winning or outstanding performance in their sport.

The new inductees will be formally inducted into the Tasmanian Sporting Hall of Fame at the end of the year.

Applications will close at 5pm on 18 August 2023.

Nomination forms can be downloaded from: [Tasmanian Hall of Fame / Active Tasmania](#)

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Tasmanian Institute of Sport
PO Box 93, Prospect, TAS 7250
Silverdome Complex, 55 Oakden Road,
Prospect, Launceston, TAS 7250

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